



☐ I have made my own first aid kit and know how and when to (
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Scouts need to be able to use their first aid kit in case of emergency while Scouting

- What should be contained in the first aid kit
- How to pack the first aid kit
- When first aid kit should be used
- Know when to use different elements of the first aid kit

### ☐ I know how and when to put someone into the recovery (safe airway position)

Scouts should be aware of the recovery position and be able to use it if required in both real and simulated situation

### ☐ I know the importance of providing shelter and insulation

All Scouts should be aware of the importance of providing shelter and insulation in outdoor situations. Why shelter and insulation are required on Scout activities. How to construct makeshift shelter and insulation if necessary while Scouting

#### ☐ I know how to use a Scout neckerchief as a makeshift bandage in an emergency

Scouts need to demonstrate how to make various bandages from a scout neckerchief – (reference to Emergencies chapter of the Scouting Trail)

# ☐ I understand why I should follow directions from an instructor

The Scout should know about the importance of listening to the instructor so that they are aware of what to do and the dangers of doing things that they don't fully understand.

# ☐ I can direct help/rescue services to a location

Scouts need to have the ability to show and explain where an emergency is situated as many Scout activities may be in remote areas. Know how to direct help and rescue services to a accident location.

