

Hillwalking Stage 2 Assessment

Scout: _____
Section: _____
Assessor: _____
Date: _____

I know what gear I need depending on the weather

Weather in open and exposed places is very different to suburban weather. The scout needs to show and understanding of this fact and indicate how they should deal with likely weather conditions encountered on a hike.

Discuss what would happen if it was really wet on a hike

Discuss what would happen if it was windy

How would you protect yourself from the sun

I know why you bring certain foods and drinks on hikes

The Scout needs to be aware of the need for sustaining and energy boosting food types and suggest itmes they would include in a daily and weekend nations for a hiking activity with consideration for cooking and preparation of food on a hillside.

High energy foods

Replacement of water loss

High carbohydrate meals

Weight considerations

Cooking considerations

Understand the food pyramid

I can point out the main parts of the compass

This should be demonstrated in an outdoor situation, in a practical way

I know how to get help if someone is hurt

The Scout needs to show an ability to recognise that someone is hurt and needs help. They should also know how to get help and by what means, reference to other Team members is important. How to recognise that someone is hurt. How to compare injured parts with uninjured parts. Methods of getting help. Methods of caring for someone that is hurt.

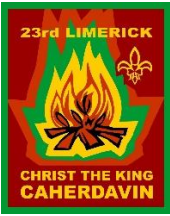
I can point out the different symbols and colours on a map and I know what they mean

This should be demonstrated in a practical way on the hills or in wild countryside where the relationship of colour coding to ground features can be explored.

Conventional signs & symbols on OS maps

Height colouring on OS maps

Orienteering maps



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I can be responsible member of my team while we are hiking

Hiking in wild and mountainous terrain presents a number of difficulties. The Scout should be able to recognise the dangers that might present themselves and offer safety conscious solutions/rules or procedures. They must also display an awareness as a team member and how their behaviour can affect others.

How to walk carefully over rough ground

How to keep up with others

Be aware of others and don't mess with equipment.

Follow instructions of the hike leader.

I can get weather forecasts

The weather in mountain situations can be determined by local conditions within that location. The scout should show an understanding of that fact and how more detailed weather forecasts are necessary and how they affect the conditions in a chosen area.

I have attended at least three hikes

The Scout should have attended at least three hikes. These activities should be firmly based in wild countryside or hillwalking and include crossing open countryside as well as forest path or park walking.