



Padding Stage 1 Assessment



Scout: _____
Section: _____
Assessor: _____
Date: _____

I have discussed what a wet suit does.

The Scout should know the dates when a wetsuit must be worn (Winter Season) and when it is optional (Summer Season). The Scout should have an idea how a wet suit works.

I know what a Buoyancy Aid and Life Jacket are for.

The Scout should know the main differences between a Standard Buoyancy Aid and a Life Jacket. The Scout should know when and where both Personal Floatation Devices (PFD's) should be worn.

I can show where the bow and stern are in a kayak or boat.

The Scout is to be able to identify the difference between the Bow (Front) and Stern (Back) of a boat.

I understand why I should follow directions from an instructor.

The Scout needs to discuss how to act in a boat. Know how to be aware of what's happening around them and how to follow instructions from the Scouter in charge.

I can show the limits of where I may go each time I go afloat for paddling.

The Scout should be aware of the extent that they should go in a vessel and know any local dangers in the water.

I know about the 'Buddy' system.

The Scout should be able to talk about the buddy system and explain how and why it is used when in the water.

I know why I should care for my wet suit, buoyancy aid and 'cag' after use.

The Scout should know why it is important to wash their water activity equipment with cold fresh water after all usage.

I know not go afloat if the wind is greater than Force 4.

The Scout should understand that it is unwise to go afloat if it is too windy.

I know how to contact the emergency services.

The Scout should know the emergency number 112 (or 999) and say what kind of help is needed (e.g. Garda / Police, Lifeboat, Ambulance, Fire Brigade, Coast Guard, Mountain Rescue).

I have taken part in a short exercise afloat.