

## Paddling Stage 2 Assessment

Scout: \_\_\_\_\_  
Section: \_\_\_\_\_  
Assessor: \_\_\_\_\_  
Date: \_\_\_\_\_

**I can explain what special clothing and gear is to be worn and used while Kayaking**

The Scout must be able to describe what clothes must be worn while out paddling

**I can put on my own Personal Flotation Device properly**

This should include securing all fastenings and using a crotch strap where it is fitted

**Before I launch my boat, I can show where and when I am allowed to go**

The Scout should know where it is safe to launch, their boat

The Scout should know when it is safe to go onto the water

**I have discussed 'Weil's' disease and the precautions necessary to take in open water activities**

The Scout should know where Weils disease can be contacted

The Scout should know the symptoms of Weil's disease

The Scout should know how Weil's disease is contracted

The Scout should know precautions to take from Weil's disease

The Scout should know who is a risk from Weil's disease

**I have drawn a poster demonstrating the safety rules for swimming.**

The Scout should draw up a poster to the best of their ability of their interpretation of the safety rules for swimming.

**I have taken part in an activity on safe enclosed waters involving paddling a Canadian Canoe.**

The Scout should be briefed on safety procedures before starting the activity.

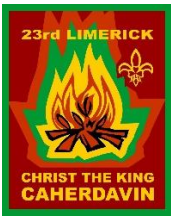
The Scout should take part in a Paddling activity with the appropriate instructors present and in the suitable ratio and in safe enclosed waters. The activity should consist of two Canadian style canoes lashed together to form a catamaran. The activity shouldn't go any more than 30 meters from the shore

**I have discussed the appropriate action I should take in the case of a capsized**

The Scout should be able to explain the procedures to follow if they capsize in a kayak or a sit-on-top canoe

**I have explained what impact I can have on local vegetation when launching and retrieving a boat**

The Scout should explain what impact they can have on the local vegetation when they are parking, changing and launching their boat. The Scout should explain how they can minimize impact on the natural environment. The Scout should explain how they would deal with wildlife if they were to come across it.



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**I know how to raise the alarm if I see somebody in difficulty on the water**

The Scout should know what department to call if you see someone in difficulty at sea. The Scout should know the number to call if you see someone in difficulty at sea. The Scout should know what the different colour safety flags mean on a beach.

**I know what hypothermia is**

The Scout should know what is meant by the term hypothermia. The Scout should have a basic knowledge of the symptoms of hypothermia. The Scout should have a basic knowledge of how to treat hypothermia.

**I have taken part in at least two activities afloat**

A half day is at least two hours on or around the water