



Leave No Trace - Discovery

The Crean Award:

Discovery:

Know the main elements of Leave No Trace

SPICES

Character Spiritual

The Activity:

Objective:

To look at what Leave No Trace is about; and, look at ways you can use it in your programme.

Activity Type:

Patrol/Troop Activity

Roles:

Activity Leaders











Plan...Leave No Trace

Leave No Trace

The Leave No Trace programme is designed to help scouts and others value the natural environment, to understand the impact of their activities, and to enable them to make decisions to minimise that impact while still enjoying their activities with freedom.

Without realising it we have can have a large impact on the environment with our outdoor activities. It is important that we understand and use the ideas of Leave Not trace in our programme.

This resource is especially aimed at helping scouts doing their Discovery Award get familiar with the ideas involved.









Do...Leave No Trace

Nature Art

Summary: Explore a local natural area by being creative in nature and with nature.

Setting: An outdoor activity where the Scouts have the opportunity to be creative in nature and with nature.

Guide:

- 1. Find a suitable local natural area and take your patrol or troop there.
- 2. Ask Scouts in pairs to wander around the area and to find a comfortable space in the natural environment and spend a few minutes looking around them at the local nature.
- 3. Gather the group together and talk about what they noticed in their surroundings.
- 4. Ask each Scout to choose one thing in the environment and draw a picture of it. Hand out paper and pens. Once they have finished they present their picture to the rest of the group.

- 5. Ask the Scouts to form into small groups (of between three and five). They are going to use the natural objects around them to create some art a picture or a sculpture. Make sure they respect the natural objects and do not harm any living creatures. They can use leaves, branches, stones, soil, trees, shrubs etc. If you want you can give them a theme for their art work.
- 6. Once they have finished gather the whole group together and go on a tour of the art work. Each group should explain their work.









Do...Leave No Trace

Water Exploring

To create awareness of water in our surroundings and the relationship between water and human life.

Background:

Water is vital for life and in many parts of the world can be found all around us in a variety of different places. In some parts of the world clean, safe water is not freely available. This activity encourages us to explore our local environment and discover our water, where it is, what it is needed for and what it looks like. Once we understand our water and why it is important to us we can begin to learn about water in a global context.

Guide:

1. Split the Scouts into small groups and give each group a map, paper, pen and a camera (optional). A route can be marked on the map, or you can give them coordinates to follow, or they can decide on their own route within a marked area.

- 2. Before the groups set off, have a quick discussion about where they think they might find water. For example, stream or river, public toilets, puddle, water fountain etc.
- 3. The groups walk around the route looking for water. When they find some they should think about the following questions. Where is the water? What is it used for? How much water is there? Is it there every day? What colour is it? Does it smell, is it discoloured? Can humans drink it? Can animals drink it? If they have a camera they can take a photograph of the water.









Do...Leave No Trace

Leaving No Trace in your Programme

Leave No Trace is not about learning off the Seven Principles and forgetting about them. It is a system which we can use throughout our programme. Here are is an approach you might consider to help you see how LNT can be relevant to your patrol and troop activities.

LNT Checklist

Make a checklist, such as example here, and use it to do a LNT review for one of your outdoor activities. You can also use it when planning activities. Perhaps, one of the scouts doing their Discovery Award could take on the role of LNT Champion in the patrol, and he or she will look over all activities using the check list? The LNT Champions form each patrol could then review troop activities together.



Plan Ahead		
Is access to the area allowed?		
Is the activity permitted in the area you wish to visit?		
Can we travel by public transport? Or share cars?		
Do we have the skills for the activity?		
Do we have the right equipment?		
Have we checked the weather forecast? Do we all have		
the correct clothing?		
If a troop activity, can we divide into patrols?		
Dispose of Waste Properly		
Do we follow an "If You Bring It In, Take It Out" policy?		
Does everyone have their own litter bag with them?		
Does everyone know the correct procedure for		
disposing of solid human waste?		
Does everyone know how to dispose of waste water		
safely? Do we use biodegradable detergents soaps?		
Do we carefully sweep all camping and activity sites		
after we use them?		







Leave No trace:

Plan Ahead and Prepare

Be Considerate of Others

Respect Farm Animals and Wildlife

Travel and Camp on Durable Ground

Leave What You Find

Dispose of Waste Properly

Minimise the Effects of Fire







Review "SPICES"

Social	Intellectual	Emotional
Relationships	Achieving Goals	Aware of feelings
Communication Skills	New Ideas	Asking/Giving Help
Other Cultures	Learn from Decisions	
Community Involvement	Team Member	Responsibility for Emotions
Promise & Law	Character	Controlling Emotions
Physical	Promise & Law	Going Further
Eat Well	Friends & Friendships	Beliefs & Values
Personal Hygiene	Plan before do	Developing Talents
Balanced Lifestyle	Ensuring Fairness	
How Body works		Spiritual
Physical Limitations	Respect	Promise & Law
Health Choices	Differences & Views	Impact on Environment
Access Help	Following Dreams	Reflection
	Live the Scouting Spirit	Changing Beliefs







Patrol Review

What went well?	What words comes to mind for when you think about the Leave No Trace?	<u>Patrol Review</u>
What could have of gone better?		What will we do next?
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